Module	Lesson No	Mode	Date	Start Time	End Time
Positive Psychology	Lesson 1	Classroom (F2F)	Wednesday, 22 April 2026	6:30PM	9:30PM
	Lesson 2	HBL	Wednesday, 29 April 2026	6:30PM	9:30PM
	Lesson 3	HBL	Wednesday, 6 May 2026	6:30PM	9:30PM
	Lesson 4	HBL	Wednesday, 13 May 2026	6:30PM	9:30PM
	Lesson 5	HBL	Wednesday, 20 May 2026	6:30PM	9:30PM
	Lesson 6	e-Learning	Thursday, 28 May 2026		
	Lesson 7	e-Learning	Wednesday, 3 June 2026		
	Lesson 8	HBL	Wednesday, 10 June 2026	6:30PM	9:30PM
	Lesson 9	HBL	Wednesday, 17 June 2026	6:30PM	9:30PM
	Lesson 10	HBL	Wednesday, 1 July 2026	6:30PM	9:30PM
	Lesson 11	e-Learning	Wednesday, 8 July 2026		
	Lesson 12	HBL	Wednesday, 15 July 2026	6:30PM	9:30PM
	Lesson 13	HBL	Wednesday, 22 July 2026	6:30PM	9:30PM
	Lesson 14	HBL	Wednesday, 29 July 2026	6:30PM	9:30PM
	Lesson 15	Classroom (F2F)	Wednesday, 5 August 2026	6:30PM	9:30PM
Counselling & Coaching Skills	Lesson 1	Classroom (F2F)	Monday, 20 April 2026	6:30PM	9:30PM
	Lesson 2	HBL	Monday, 27 April 2026	6:30PM	9:30PM
	Lesson 3	HBL	Monday, 4 May 2026	6:30PM	9:30PM
	Lesson 4	HBL	Monday, 11 May 2026	6:30PM	9:30PM
	Lesson 5	HBL	Monday, 18 May 2026	6:30PM	9:30PM
	Lesson 6	HBL	Monday, 25 May 2026	6:30PM	9:30PM
	Lesson 7	HBL	Tuesday, 2 June 2026	6:30PM	9:30PM
	Lesson 8	HBL	Monday, 8 June 2026	6:30PM	9:30PM
	Lesson 9	e-Learning	Monday, 15 June 2026		
	Lesson 10	Classroom (F2F)	Monday, 29 June 2026	6:30PM	9:30PM
	Lesson 11	HBL	Monday, 6 July 2026	6:30PM	9:30PM
	Lesson 12	HBL	Monday, 13 July 2026	6:30PM	9:30PM
	Lesson 13	Classroom (F2F)	Monday, 20 July 2026	6:30PM	9:30PM
	Lesson 14	e-Learning	Monday, 27 July 2026		
	Lesson 15	HBL	Monday, 3 August 2026	6:30PM	9:30PM

Psychometric Assessment	Lesson 1	Classroom (F2F)	Friday, 24 April 2026	6:30PM	9:30PM
	Lesson 2	HBL	Thursday, 30 April 2026	6:30PM	9:30PM
	Lesson 3	HBL	Friday, 8 May 2026	6:30PM	9:30PM
	Lesson 4	HBL	Friday, 15 May 2026	6:30PM	9:30PM
	Lesson 5	e-Learning	Friday, 22 May 2026	6:30PM	9:30PM
	Lesson 6	e-Learning	Friday, 29 May 2026	6:30PM	9:30PM
	Lesson 7	HBL	Friday, 5 June 2026	6:30PM	9:30PM
	Lesson 8	HBL	Friday, 12 June 2026	6:30PM	9:30PM
	Lesson 9	HBL	Friday, 3 July 2026	6:30PM	9:30PM
	Lesson 10	e-Learning	Friday, 10 July 2026	6:30PM	9:30PM