Module Synopsis

Specialist Diploma in Applied Drama & Psychology for Community Engagement

PDC 1:	Post-Diploma Certificate in Designing Programmes for Community Engagement	(150 hours)

1.	MD9151:	Community Psychology	(45 hours)

In this module, students explore physical, social and mental health issues within communities of individuals. They will also explore issues of local communities in the context of their multi-level environment. They will be informed of ways to impact these communities of individuals, through research and action, which can inform social policies, helping practices and social change. By the end of the module, students will have sound knowledge and understanding of the fundamental psychological and sociological principles affecting individuals' and communities' quality of life.

2.	MD9173:	Programme Development & Management	(60 hours)

In this module, students will learn how to design and manage effective community engagement programmes. They will also be introduced to the Theory of Change model in programme design. Using this framework, students will design a programme that is ethical and sustainable for a chosen community. The module will also introduce students to the different types of grants and funding in Singapore, and how to design simple post-programme evaluation tools to assess the effectiveness of their programme. Students will apply all of this knowledge when they execute their own mini project.

3.	MD9174:	Facilitation Through Drama-Based Activities	(45 hours)

In this module, students will learn how to use drama-based activities as an engagement and learning tool across a variety of contexts, for example in community, educational and healthcare settings. They will explore ways to structure a safe environment to facilitate these drama activities, like games, storytelling and playbuilding, to encourage collaborative learning, sharing and meaningful dialogue. Students will also examine how these activities can be adapted to students of different profiles, from children to seniors.

PDC 2:	Post-Diploma Certificate in Designing Programmes for Well-being	(150 hours)

1.	MD9175:	Positive Psychology for Well-being	(75 hours)

In this module, students will learn about resilience training models and strengths-based approaches. They will learn to identify strengths and to develop positive psychology interventions for wellbeing. By the end of the module, students will learn to utilise practical approaches of resilience and strengths-based approaches to design programmes for improving the wellbeing of others.

2.	MD9176:	Reframing Perspectives Through Applied Drama	(75 hours)

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In this module, students will learn the principles of applied drama forms like forum theatre, playback theatre and devised drama. Through engaging exercises and interactive activities, students will discover how drama can be a tool for exploring and reshaping perspectives. By the end of the module, students would be able to use suitable techniques to unpack and discuss their current realities and to generate awareness of new narratives of self and others.